



Activity Calendar

AN *d* AZ. | SCOTTSDALE
RESORT & BUNGALOWS

Anything is possible — because everything is here.

Whether you seek enrichment or excitement, your options are nearly limitless. Through our wellness, fitness, and create & cultivate programming we offer private and enriching activities that are centered around you and your group. With 23 acres and a variety of classes to choose from, there is always room for discovery and exploration.



Partnerships

Cattle Track

Art is in our soul—and our partnership with Cattle Track Arts & Preservation enables us to share it with our guests through their work at the resort, workshops, meet-the-artist events, and other activities.

Visit cattletrack.org to learn more.

Scottsdale Museum of Contemporary Art

Bring your Andaz hotel room key to SMOCA for complimentary admission to the museum. Timed Admissions are currently required. Please call the museum's front desk at (480) 874-4666 to make your reservation.

Visit smoca.org/plan-a-visit/scottsdale-guide to learn more.

Wonderspaces

Wonderspaces presents extraordinary art and signature cocktails to experience together with friends and family.

To book, visit Arizona.wonderspaces.com/tickets to select a date and time, then enter code ANDAZGUEST to enjoy 15% off tickets.

Andaz Adventures

Get outside for a guided hike, mountain-biking tour, stand-up paddle boarding, and other active experiences with Andaz Adventures. To reserve any of these activities, please contact guestexperience@andaz.com. All reservations must be made at least 48 hours in advance.

ATV/UTV Tour: Climb aboard one of these rugged vehicles and zip all over desert trails—and maybe even a few boulders.
\$ @stellaradventures

Guided Hike: Venture into the desert and surrounding mountains on a hiking tour with a professional guide who will talk about the unique flora, fauna, and geology of the region. \$ @wildbunch

Hot-air Balloon Ride: See Scottsdale from a completely new perspective. \$ @rainbowryders

Kayaking: This tour on Saguaro Lake offers views of bald eagles, bighorn sheep, and sometimes the famous Salt River horses. No kayaking experience needed! \$ @REI

Mountain Biking: Enjoy a guided tour on high-performance bikes through some of the most incredible scenery in North America.
\$ @wildbunch

Stand-up Paddle Boarding: Discover the beauty of this natural oasis and learn about the history of the Sonoran Desert and its water. No experience necessary. \$ @REI

Create & Cultivate

Our signature Create & Cultivate series immerses participants in music, art, community, and wellbeing through enriching experiences with local artists, creators, naturalists, and more. To reserve any of these activities, please book online at hyattexperiences.com/andaz/phxaz#!/

Birds of Prey: Join @libertywildlifeaz to visit with the desert's birds of prey. Come anytime! No sign-up required.

Cattle Track Tour: Join the artists at the Cattle Track Arts Compound, less than a mile away from Andaz, for unique insights into the creative mindset. You'll visit the studios where they work, hear about their history, and likely get a glimpse of some pieces in progress, too!

Clean Slate: Drop by and master the art of letting go. Paint with water and watch your creation come to life then disappear. No sign-up required.

Crystal Infused Perfume Creation: Visit our Palo Verde Spa's apothecary to take an adventure in aromatherapy. Learn how essential oils can positively affect your well-being as our aromatherapy consultant creates a personalized scent for you. \$

Meet the Artist in You: Indulging in creative activities can inspire us to slow down and tune into ourselves. Join local Cattle Track artists as they share their area of expertise while providing you a unique opportunity to create a piece of artwork of your own. Come, relax, and create with us. No sign-up required.

Pasta Like a Pro: Discover the flavors of the season with this superior pasta making experience guided by our Chef. \$

Raise Your Glass: Create (and sample!) some of our seasonal cocktails with our talented mixologists in this interactive workshop. \$

Sweet Escape: The simple act of following a step-by-step recipe that requires engagement of all senses, acting to calm the body and quiet the mind. Join our expert pastry chefs to create delicious seasonal hand rolled truffles that also incorporate a sense of place with indigenous ingredients from our beautiful state paired with French Valrhona Chocolates. \$

Mind & Body

A visit to the desert can have a wealth of health benefits- From energizing fitness classes to enlightening mindful moments, our Mind & Body series promotes your individual wellness experience. To reserve any of these activities, please book online at hyattexperiences.com/andaz/phxaz#!/

Aerial Yoga Flow & Meditation: Experience the desert beauty from a new perspective using aerial silks. Bring awareness to the body through light movement and various poses. Bring attention to the mind through calming meditation practices. \$

Body HIIT: A full body HIIT workout that will combine compound lifts, fast-paced bodyweight exercises, and intervals of cardio. This format will leave you dripping and fire up your metabolism.

Crystal Intentions: Discover the power of crystals beyond their physical state in this DIY activity. Choose from a sample of calming stone favorites and unearth the deep connection between mind, body, and spirit using guided meditations and mantras via a listening device. No sign-ups required.

Meditation: Connect deeply with yourself and your body. This class offers effective tools to calm your mind, improve psychological balance, and promote physical relaxation.

Mindful Embrace: Experience the benefits of a weighted blanket while meditating with intentional music and podcasts. Spend as little or as much time desired as this DIY activity encourages you to cater to your individual needs. No sign-up required.

Restorative Stretching: Learn what stretches you can do to improve both your physical and mental wellness. Practice specific flexibility training techniques used to help reduce anxiety, improve digestive health, better sleep, boost self-esteem, and more!

Sound Healing: Join our master sound practitioner in an ancient meditative practice. The vibrational energy produced by alchemy crystal singing bowls supports a deeply restful and rejuvenated state that promotes healing of the mind and body. Immerse yourself in this relaxing sensory experience to improve your overall sense of wellbeing. \$

Stretch into Sunset: Release tension and melt away stiffness with the setting sun in this guided stretch session. Experience the benefits of stretching through use of static, active, and instructor assisted stretches.

Daily Offerings

Andaz Bees: Drop by our Cactus Garden (near building 1) to see our Andaz hive and honeybees! See what the buzz is about via our online newsletter myhive.alveole.buzz/andazscottsdale

Daily Delighter: Sample a featured refreshment of the day.

Fireside Social: Bourbon & Cigars available for purchase from Weft & Warp. Complimentary S'mores provided by the Guest House.

Garden Tour: Seek and discover some of our Sonoran Desert favorites in this self-guided tour. Maps provided by the Guest House.

Sunset Sips Happy Hour: Enjoy special pricing on small plates & hand-crafted cocktails. \$

Weekly Activities

Sunday

- Yoga**
7:30 a.m. | CHOLLA LAWN
- Meditation**
8:30 a.m. | CHOLLA LAWN
- Live Music**
10 a.m.–1 p.m. | WEFT & WARP

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Raise Your Glass (21+) \$
4 p.m. | WEFT & WARP WINE COUNTER

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Monday

Mindful Embrace
9–11 a.m. | PALO VERDE SPA

Cattle Track Tour
10–11 a.m. | GUEST HOUSE

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Crystal Infused Perfume Creation \$
1 p.m. & 1:30 p.m. | PALO VERDE SPA

Crystal Intentions
3:30–5:30 p.m. | PALO VERDE SPA

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Tuesday

Clean Slate
8:30–10:30 a.m. | PALO VERDE SPA

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Crystal Infused Perfume Creation \$
1 p.m. & 1:30 p.m. | PALO VERDE SPA

Sound Healing \$
4 p.m. | PALO VERDE SPA

Restorative Stretching
4:30 p.m. | FITNESS CENTER LAWN

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Wednesday

Mindful Embrace
9–11 a.m. | PALO VERDE SPA

Cattle Track Tour
10–11 a.m. | GUEST HOUSE

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Crystal Infused Perfume Creation \$
1 p.m. & 1:30 p.m. | PALO VERDE SPA

Meet the Artist in You
3:30 p.m. | WEFT & WARP

Crystal Intentions
3:30–5:30 p.m. | PALO VERDE SPA

Stretch into Sunset
4:30 p.m. | FITNESS CENTER LAWN

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Thursday

Clean Slate
8:30–10:30 a.m. | PALO VERDE SPA

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Crystal Infused Perfume Creation \$
1 p.m. & 1:30 p.m. | PALO VERDE SPA

Pasta Like a Pro (16+) \$
2 p.m. | WEFT & WARP EXHIBITION KITCHEN

Raise Your Glass (21+) \$
4 p.m. | WEFT & WARP WINE COUNTER

Sound Healing \$
4 p.m. | PALO VERDE SPA

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Live Music
6–9 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Friday

Birds of Prey
8–10 a.m. | WEFT & WARP PATIO

Body HIIT
8 a.m. | CHOLLA LAWN

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Sweet Escape (16+) \$
2 p.m. | WEFT & WARP EXHIBITION KITCHEN

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Live Music
6–9 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

Saturday

Yoga
7:30 a.m. | CHOLLA LAWN

Birds of Prey
8–10 a.m. | WEFT & WARP PATIO

Body HIIT
8 a.m. | CHOLLA LAWN

Aerial Yoga Flow & Meditation \$
10:30 a.m. | FITNESS CENTER LAWN

Daily Delighter
11:30 a.m. | TURQUOISE POOL

Sunset Sips Happy Hour \$
5–6:30 p.m. | WEFT & WARP

Live Music
6–9 p.m. | WEFT & WARP

Fireside Social
6:30–9 p.m. | OLIVE GROVE

We're excited to announce that Andaz Scottsdale is on the ballot for the **2024 Travel + Leisure World's Best Awards** and we would love your support! To vote, scan the QR code or click [here](#).

